

TRUSTEE'S ANNUAL REPORT

FOR THE PERIOD ENDED 31st MARCH 2012



This report carries on from the Trustees Annual Report for the period ended 31st March 2011.

HISTORY, OBJECTIVES AND ACTIVITIES OF THE CHARITY

Better Lives Foundation was established in 2006 and was registered on the 14th January 2008. It is made up of a body of like minded people working to improve health and education conditions wherever the need and whose aim is:

- To provide quality medical care and education to the needy leading to long term healthcare independence.
- To improve the condition of people's health
- To promote good health through education
- To work in partnership with charities, especially local organisations
- To raise standards of sanitation and hygiene
- Improve access to water
- To make all projects, self sufficient, independent and self-supportive

MANAGEMENT AND GOVERNANCE

The Charity's continued approach with its volunteer's base to providing support totally free of charge which includes not only their professional or specialised services but providing their own travel and accommodation costs, donations in kind and meeting charity's certain expenses out of their own pockets. The said team of volunteers have a vast heritage and wealth of experience. As administrative costs are absorbed by the volunteers all donations received are used for patient medical care and support.

The Trustees and volunteers meet regularly to discuss existing projects and consider plans for any new projects. The volunteer's skills range from professionals such as Surgeons, Doctors, Dentists, Pharmacists, Technicians, Plumbers, electricians and other general and administrative individuals from the business community and members of the general public.

ACHIEVEMENTS AND PERFORMANCE OF THE CHARITY

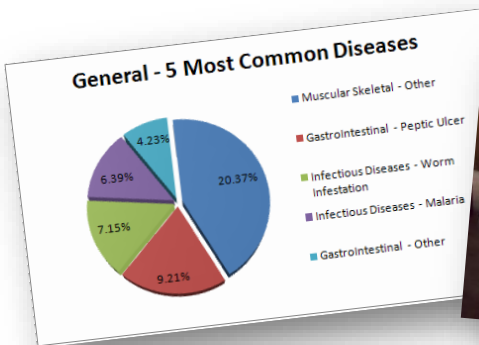
BLF has continued with its program of medical camps from previous years at the Yonibana Sai Hospital, in Yonibana, Sierra Leone, West Africa. On the invitation of the Hon Albert Tarawalli, the first of the years medical camp was conducted in Magbaruka, about 35 miles from Yonibana.

MEDICAL CAMP MAGBARUKA – OCTOBER 2011

- A team of 27 volunteers consisting of 1 Consultant Paediatrician, 5 General Practitioners, 1 GP Specialist Pain Management, 6 Pharmacists, 1 Nurse Specialist, 1 General Nurse, 2 Dental Students, 3 Medical Students, 2 Engineer, 1 Physiotherapist, 1 Homeopath, 1 Gap Year Student, and 2 General assistants from the UK flew out in 2 groups – the first 3 volunteers left on the 30th September, the second group of 24 left on the 3rd October.
- There were over 40 volunteers from Magbaruka to help with the medical camp which was held in a community hall.
- In total, 2,146 patients were examined and treated for a variety of ailments over a five day period. Patients travelled from many different villages around Magbaruka and including Freetown.
- 3 in 5 children tested positive for Malaria. Chart below shows the prevalence in children.



Chart below shows the prevalence's in adults



SURGICAL HERNIA & DENTAL CAMP YONIBANA – OCTOBER 2011

- The team of 32 volunteers consisted of 4 Surgeons, 3 Anaesthetists, 2 Dental Surgeons, 5 Pharmacists, 4 Theatre Nurses, 2 Theatre Nurses came to assist from Freetown, 2 Dental Students, 3 Medical Students, 1 Gap Year Student, 1 Engineer, 1 Physiotherapist, 1 Homeopath, 1 Dietician, 1 IT Specialist and 3 General assistants.
- There were over 45 volunteers from Yonibana to help with the surgical medical camp which was held at Yonibana Sai Hospital.
- In total, 738 patients were examined and treated for a variety of ailments over a five day period. 422 were dental patients.
- 40 Inguinal Hernia operations were carried out.
- Patients travelled from many different villages around Yonibana and including Freetown.





EDUCATION PROGRAM

28 students are benefitting from our education program in Yonibana.

- 17 Students studied Nursing & Midwifery at Masanga Hospital
- 18 Taking West African Secondary School Certificate Examinations in Aug 13 @ £75 each
- 2 at Njala Medical School £950 pa
- 8 at Nursing College £600 pa

Our first outreach clinic in HIV / STD is conducted by 7 local trained volunteers.

FUND RAISING ACTIVITY

Better Lives Foundation Volunteers undertook Fund raising challenges again throughout the year.

BLF organised another 13km Sponsored Walk along the Thames River Path from Richmond Bridge to Hampton Bridge ending the walk with a picnic in Hurst Park along the river. This was an event which helped raise in excess of £12,000 with many new volunteers. It managed to generate further awareness with no costs to BLF as the picnic and the whole event was sponsored by various individuals.

Fund raising as a whole has been gathering momentum and this is reflected in our annual accounts with receipts of £95,282.





BLF organised a “Garba Event” to raise funds and awareness within the Indian Community. The event was a huge success with over 700 attendees and the whole occasion was covered by “In and Out” on Zee TV. Some of the companies who sponsored the event were: Devarshi Photographers, Reflect Dreams, The Leading Edge, Cover Insurance (Kennington), SSS Caterers, Mi Big Day, Elite Pharmacy, Creative Property Ventures Ltd, Gokul Nivas, Jaanki Mandaps, VB & Sons, Logic 3, Biodiesel London, Blakeberry Pharmacy, Alex Hairdressers, Equatoria Travel. Our thanks and gratitude to them for making the whole event very successful.

Invited guests included:

Rt.Hon.Mr.Barry Gardiner MP for Brent North
Rt. Hon. Mr. Virendra Sharma MP for Ealing &Southall.
His Worshipful The Mayor of Hounslow, Cllr. Amritpal Singh Mann
Madam Mayoress of Hounslow Mrs. Mann
His Worshipful The Mayor of Brent. Cllr. Aslam Chodury
Madam Mayoress of Brent.Mrs.Chchodury
His Worshipful The Mayor of Harrow. Cllr. Mrinal Chodhry
Madam Mayoress of Harrow Mrs. Roma Chodhry
Mr. Jitendra Sharma. First Secretary for High Commission of India
Mr. Solanki, Garavi Gujarat
Mr. J. C. Solanki, Advertising Manager, Garavi Gujarat
Mr. Dhruv Gadhavi. Producer of "OUT & ABOUT " Zee TV
Mr. Raju Vyas Journalist Daily Telegraph News/Leicester Mercury
Miss Anita Ruparelia. Secretary of National Congress of Gujarat Organisations
Cllr. Suresh Kumar, Harrow Council
Cll. Shashikaka Suresh, Harrow Council
Cllr. Nana.Asante, Harrow Council
Cllr. Vina Mithani, Harrow Council
Mr. Bipinbhai Mithani
Cllr. Yogeshbhai Teli, Harrow Council
Mrs. Nilaben Teli
Mr. Dilip Chaubal, EVENT ORGENISER
Mr. Girishbhai Mashroo, Trusti Jalaram Temple, Repton Avenue, Sudbury

Many raffle prizes donated by well wishers helped raise in excess £14,500 in total. As a result of the awareness created, many new young volunteers were recruited for medical camps and for all the various packing days.

Formal awareness presentations were carried out at various places and including

Peters Ladies	2011
Dr Michael Singh	2011
Dr Vijay Nadella	2011
Nikhil Ladwa	2012

